

Sierra – Sacramento Valley EMS Agency Treatment Protocol

R-1P (LALS)

Pediatric Foreign Body Airway Obstruction (FBAO)

Approval: Troy M. Falck, MD – Medical Director Effective: 06/01/2024

Approval: John Poland – Executive Director Next Review: 04/2027

- Signs/symptoms of FBAO: sudden onset of respiratory distress with coughing, gagging, stridor, or wheezing.
- Do not use tongue/jaw lift or perform blind finger sweep.
- Do not perform deep suctioning. Oropharyngeal suctioning should be performed while visualizing the FBAO.

Signs of severe obstruction:

- Poor air exchange - Silent cough - Increased breathing difficulty - Inability to speak or breathe - Cyanosis

