

Sierra – Sacramento Valley EMS Agency Treatment Protocol

M-3

Phenothiazine/Dystonic Reaction

Approval: Troy M. Falck, MD – Medical Director

Effective: 12/01/2024

Approval: John Poland – Executive Director

Next Review: 10/2027

• Assessment:

- History includes possible ingestion of phenothiazine
- Symptoms often mistaken for a seizure disorder or tetany

• Signs & Symptoms:

- Facial grimaces
- Protruding tongue/jaw muscle spasm

- Anxiety/restlessness
- Torticollis (twisting of the neck)
- Oculogyric crisis (circular movement of the eyeballs)
- Spasms of the back muscles, causing the head and legs to bend backward and the trunk to arch up

