

Sierra – Sacramento Valley EMS Agency Treatment Protocol

N-3 (LALS)

Suspected Stroke

Approval: Troy M. Falck, MD – Medical Director

Effective: 12/01/2024

Approval: John Poland – Executive Director

Next Review: 10/2027

Cincinnati Prehospital Stroke Scale (CPSS)

Component	Normal Result	Abnormal Result
Facial Droop (Ask pt to show teeth or smile)	I BOTO SIAGE OF TACA MOVA GOLISIIV	One side of face does not move as well as the other side
Arm Drift (Ask pt to close eyes & hold both arms out with palms up)		One arm does not move, or one arm drifts down compared with the other
Speech (Ask pt to say "you can't teach an old dog new tricks")	Pt uses correct words with no slurring	Pt slurs words, uses the wrong words, or is unable to speak



- Assess V/S, including SpO₂
- O₂ at appropriate rate if hypoxemic (SpO₂ <94%) or short of breath
- Perform CPSS assessment

Suspect stroke for any of the following:

- New onset symptoms with abnormal CPSS
- New onset altered state (GCS <14) with unidentifiable etiology
- CPSS is normal, but patient/bystander report stroke symptoms within previous 24 hrs

If stroke suspected:

- Determine time of onset of symptoms (pt last known normal)
 - When possible, obtain and relay to the receiving hospital the name/contact information of the individual who can verify the time of onset of symptoms (pt last known normal)
- Check blood glucose (if glucometer available)
- Transport as soon as possible (scene time should be ≤10 mins)



- Consider advanced airway if GCS ≤8 or need for airway protection
- Cardiac monitor, consider 12-lead EKG (AEMT II) do not delay transport
- Obtain blood draw if requested by stroke receiving center
- IV/IO NS TKO (may bolus up to 1000 mL)
- Transport to closest appropriate hospital
- Contact base/modified base hospital for destination consultation if necessary

Are both the following present?

- Onset of symptoms ≤24 hrs (including wake-up stroke*)
- ≤45 minute transport time to a stroke receiving center
- Transport to closest stroke receiving center

YES-

- Advise of "Stroke Alert" & time pt. last known normal
- Provide pt. identifying information if requested by stroke receiving center

*Wake-up stroke definition: Pt awakens with stroke symptoms that were not present prior to falling asleep