

Sierra – Sacramento Valley EMS Agency Treatment Protocol

OB-G1 (LALS)

Childbirth

Approval: Troy M. Falck, MD - Medical Director

Effective: 12/01/2024

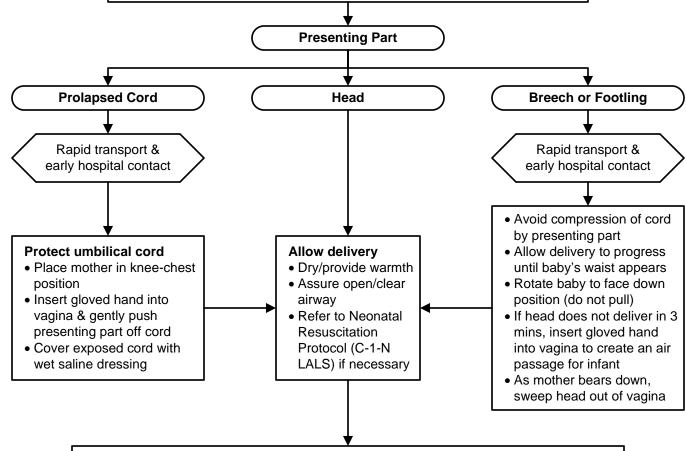
Approval: John Poland – Executive Director

Next Review: 10/2027

APGAR Score

	Sign/Score	0	1	2
Α	Appearance	Blue/Pale	Peripheral cyanosis	Pink
Р	Pulse Rate	None	<100	>100
G	Grimace	None	Grimace	Cries
Α	Activity	Limp	Some motion	Active
R	Respiration	Absent	Slow/irregular	Good/strong cry

- Assess V/S, including SpO₂
- O₂ at appropriate rate if SpO₂ <94% or short of breath
- Estimate blood loss
- Consider vascular access at appropriate time (may bolus up to 1000 mL)



After delivery

- Calculate Apgar Score at 1 & 5 mins after delivery
- Clamp & cut umbilical cord
 - Delay clamping cord for 1 min for uncomplicated births not requiring resuscitation
 - Double clamp cord, cut with sterile scissors between clamps, 6" from baby
- Transport, do not wait for placenta delivery
- After delivery of placenta, vigorously massage fundus until firm